

Join the NVC Geneva facilitators

<http://nvcgeneva.ch>

Nonviolent Communication is based on the idea that all human beings have the capacity for compassion and only resort to violence or behavior that harms themselves and others when they do not recognize more effective strategies for meeting needs.

NVC Geneva is an association that promotes Nonviolent Communication in and around Geneva to the English and French speaking populations.



We host regular practice sessions to enable anyone to explore the ideas of NVC in an authentic and non-judgemental group, to then integrate these gently into their day-to-day lives.

Our practice sessions are open to all, at all levels of understanding, and by optional donation only. To make this possible, we are a group of facilitators that take turns to lead practice group sessions, giving our time and experience willingly. We encourage you to join us!

Facilitation helps your personal development:

- Learn how to lead a practice session
- Deepen your knowledge of NVC
- Focus on subjects that interest you
- Share your passion for NVC

We support group members:

- Guidance from other facilitators
- Cofacilitation with another facilitator
- Examples of practice exercises
- Presence during practice sessions

The English practice group meets on Sunday evenings in Pâquis, Geneva.



Le groupe de pratique francophone se réunit certains lundis à St Jean / vendredis à Sécheron, Genève

Details of planned sessions are available on our Meetup group: <http://nvcgeneva.ch/practice>

Détails et agenda disponibles sur notre groupe Meetup : <http://nvcgeneva.ch/pratique>

To join our English speaking facilitation group on Skype: <http://nvcgeneva.ch/facilitation>

Pour rejoindre notre groupe d'animation francophone sur Skype : <http://nvcgeneva.ch/animation>



We organise facilitation planning here: <https://nvcgeneva.ch/planning>

Nous organisons le planning des animations ici : <https://nvcgeneva.ch/planning>

For more information please do not hesitate to call or email Jay: +41 78 623 10 57 jay@nvcgeneva.ch

Pour des renseignements n'hésitez pas à appeler ou écrire à Jay : +41 78 623 10 57 jay@nvcgeneva.ch